

NSW Seniors Festival

11-24 March 2024 · Reach Beyond



Mid-Western Seniors Festival Program

DATE	EVENT	TIME & COST	VENUE AND BOOKING
Monday 11 March	Seniors Festival Exhibition Opens (closes 24 March)	9.00am-5.00pm Mon-Sun, Free	Mudgee Arts Precinct
Monday 11 March	Gentle exercises - Mudgee	10.00-11.00am Free	Mudgee Uniting Church Bookings: Amanda 0435 579 907
Tuesday 12 March	Lawson Park Sculpture Walk With Kay Norton Knight	10.00-11.00am Free	Meet in foyer of Mudgee Arts Precinct
Tuesday 12 March	Rylstone Seniors Lunch & Senior Citizen Award Presentation	11.30am-2.30pm \$18 per person	The Rylstone Club Tickets: Carol Hayward 6379 1096
Wednesday 13 March	Gentle exercises - Gulgong	10.00-11.00am Free	Gulgong CWA Hall, Herbert St Booking: Amanda 0435 579 907
Wednesday 13 March	Gentle exercises - Rylstone	11.00-11.40am Free	Stone Strength Gym Rylstone Booking: Morgan 0418 765 522
Wednesday 13 March	The Premier's Gala Concert (Livestream)	11.00am-12.45pm Free	Mudgee Town Hall No bookings required
Thursday 14 March	'See the Sites of Mudgee' with Community Transport	09:30 pickup Free	Bookings: Community Transport 6378 2710
Friday 15 March	Mobility Scooter & Transport Safety Session - Rylstone	10.00-11.00am Free	Rylstone Hall Sammy (Council): 6378 2850
Friday 15 March	Morning Tea with Terry Leonard & Nigel Stanley	10.00am-12pm \$8 per person	Club Mudgee Tickets: Club Mudgee 6372 1922
Friday 15 March	Gentle exercises - Rylstone	11.00-11.40am Free	Stone Strength Gym Rylstone Bookings: Morgan 0418 765 522
Monday 18 March	Gentle exercises - Mudgee	10.00-11.00am Free	Mudgee Uniting Church Bookings: Amanda 0435 579 907
Monday 18 March	Poetry Circle	10.00am-12.00pm Free	Mudgee Library Bookings: mwrclibrary.eventbrite.com
Monday 18 March	Seniors Stories Writing Workshop	1.00-3.00pm Free	Kandos Community Hall Bookings: Jill 0409 609 869
Tuesday 19 March	Bus Trip – Gulgong to Taronga Western Plains Zoo Dubbo	Departs 8.30am Zoo entry \$32 per person, lunch \$13.50	Departs Gulgong Bowling Club Bookings: Wendy 0409 741 262

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Tuesday 19 March	Lawson Park Sculpture Walk With Kay Norton Knight	10.00-11.00am Free	Meet in foyer of Mudgee Arts Precinct
Wednesday 20 March	Info session: Online Scam Awareness with NBN Co	9.30-10.00am Free	Kandos Library Bookings: mwrclibrary.eventbrite.com
Wednesday 20 March	Gentle exercises - Gulgong	10.00-11.00am Free	Gulgong CWA Hall, Herbert St Booking: Amanda 0435 579 907
Wednesday 20 March	1:1 Tech Help Sessions 30-minute sessions	10.30am-1.00pm 2.00-3.00pm Free	Kandos Library Bookings: mwrclibrary.eventbrite.com
Wednesday 20 March	Gentle exercises - Rylstone	11.00-11.40am Free	Stone Strength Gym Rylstone Bookings: Morgan 0418 765 522
Wednesday 20 March	Mudgee Seniors Lunch & Senior Citizen Award Presentation with Terry Leonard	11.00am-2.00pm \$18 per person	Club Mudgee Tickets: Club Mudgee 6372 1922
Thursday 21 March	Info session: Online Scam Awareness with NBN Co	9.30-10.00am Free	Mudgee Library Bookings: mwrclibrary.eventbrite.com
Thursday 21 March	Community Transport and Meals on Wheels Morning Tea	10:30-11:30am Free	Carmel Croan Centre 88 Market Street, Mudgee
Thursday 21 March	1:1 Tech Help Sessions 30-minute sessions	11.00am-2.30pm Free	Mudgee Library Bookings: mwrclibrary.eventbrite.com
Friday 22 March	Gentle exercises - Mudgee	09.00-10.00am	Mudgee Uniting Church Bookings: Amanda 0435 579 907
Friday 22 March	Mobility Scooter & Transport Safety Session - Mudgee	10.00-11.00am Free	Cultural Workshops, Cnr Douro & Short Sts, Mudgee Sammy (Council): 6378 2850
Friday 22 March	Gentle exercises - Rylstone	11-11.40am Free	Stone Strength Gym Rylstone Bookings: Morgan 0418 765 522
Friday 22 March	Kandos Seniors Lunch & Senior Citizen Award Presentation	12pm start \$18 per person	Kandos Returned Services Community Club. Tickets from the Club. Info: Delma 0427 207 089
Sunday 24 March	Gulgong Seniors Lunch & Senior Citizen Award Presentation	11.30am start \$18 per person	Gulgong Bowling Club Tickets: Wendy 0409 741 262
Wednesday 27 March	Oak Tree Royal High Tea	2.00pm start \$30 per person	Oak Tree Mudgee Tickets: Rebecca 0437 796 603



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